**Veg Italian Salad**

Prep time: 8 hours Cook time: 0 min

**Ingredients:**

* ½ cup boiled chickpeas (chole)
* 1 tomato chopped in small pieces
* ½ cup lettuce chopped
* ½ cup yellow & red bell peppers chopped
* ¼ cup beetroot cut in small pieces
* ¼ cup celery
* 1 carrot chopped
* 1 cucumber chopped
* 1 tbsp extra light olive oil for sautéing
* 1 tsp virgin olive oil
* 1 tsp honey
* 2 tbsp bail leaves chopped
* Low sodium salt & pepper to taste

**Instructions:**

1. Sauté the carrots, beetroot, and red and yellow bell peppers lightly in olive oil. Remove from the pan and add to a bowl.
2. Add the remaining ingredients to the bowl and toss well.